

# You've Got Teladoc Health

**TALK TO A DOCTOR ANYTIME, ANYWHERE BY PHONE OR VIDEO**

*Talk to a U.S.-licensed doctor for non-emergency conditions like the flu, sinus infections, stomach bugs and more.*



## Create Account

Use your phone, the Teladoc app or the website.



## Talk To A Doctor

Wait for an on-demand visit or request a time and a Teladoc Doctor will contact you.



## Feel Better

Get a diagnosis and medicine prescribed if needed.<sup>1</sup>

## Teladoc Health Features:

- ✓ 24/7 on-demand and scheduled general medicine visits for all ages
- ✓ Scheduled behavioral health<sup>2</sup> visits as noted below\*
- ✓ Psychiatry visits (18 years and older)
- ✓ Telephonic & Video visits
- ✓ Web-based visit option
- ✓ Smartphone/tablet app
- ✓ Out-of-state care while traveling<sup>3</sup>
- ✓ Prescriptions<sup>1</sup>

\*Behavioral Health Services:  
 Psychiatry – 18 years and older  
 Behavioral health counseling – 13 years and older  
 General Medical Services – No age restrictions



Download the app today to  
 securely talk to a doctor  
 Visit [www.teladoc.com](http://www.teladoc.com)  
 Call 800-TELADOC (835-2362)

<sup>1</sup>Access to telehealth services does not guarantee a prescription.

<sup>2</sup>Scheduled appointments for behavioral health services are available 7 days a week from 7 am to 9 pm (Pacific Time).

<sup>3</sup>Teladoc Health is not available internationally.

You may receive services on an in-person basis or via telehealth, if available, from your primary care provider, a treating specialist or from another contracting individual health professional, contracting clinic, or contracting health facility consistent with the service and existing timeliness and geographic access standards required under California law. Any cost share for services received through Teladoc Health (Teladoc) will accrue toward your out-of-pocket maximum and deductible (if your plan has a deductible). By scheduling through Teladoc, you consent to receive services via telehealth through Teladoc. See your health plan coverage document for coverage information and for the definition of telehealth services. You have a right to access your medical records for services received through Teladoc. Unless you choose otherwise, any services provided through Teladoc shall be shared with your primary care provider.

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